



EXCHANGE REPORT

Lund University, Sweden

Spring 2017

Cheung Kin

Information System and Finance
Year 3

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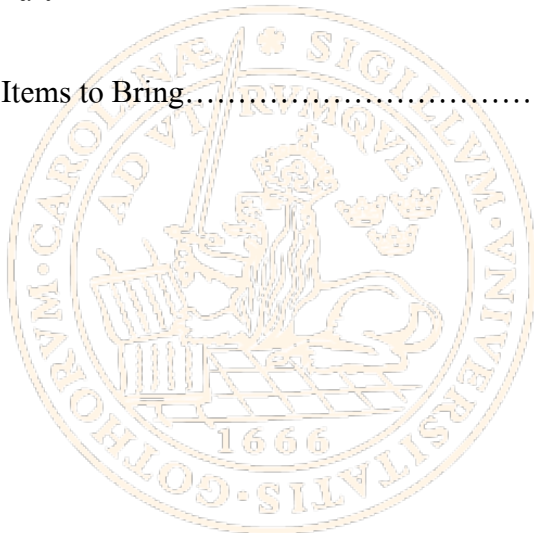
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LUND
UNIVERSITY

Monthly Activity Log

January 2017



I flown to Copenhagen on 9th Jan, and arrived there on 10th Jan. Once I arrived, I go to the arrival hall to meet the mentor there who accompanied us to Lund University. Then, we had an introduction about what to do and take our orientation packages. After that, we started to handle some miscellaneous stuff like picking up the hall key, getting the SIM card that Lund University provided.

During the first two week, we had a lot of orientation

activities that my mentor group hosted. If you have the introductory Swedish class, you will finish your class and have exam in these two weeks too. At the end of January, I also went to Copenhagen and London to celebrate Chinese New Year with friends.

February 2017

It was cold in February and snowed a lot. Even I brought a lot of clothes, I still could not adapt to the weather. Yet, it was a rare chance for me to enjoy the snowing scenes. All the buildings were covered by snow and made an extremely beautiful scenery like I am in Frozen. It was an unforgettable moment and I took a lot of pictures.

Besides, since I only had two days that needed to attend lessons per week during February, I had some consecutive days for traveling around. Therefore, I also travelled to Rotterdam, Brussels, Oslo and Berlin. If you are interested in Movie, it is a nice opportunity for you to go to Berlin as you can visit Berlinale, also enjoy fabulous beer and tasty pork knuckle all day and night.





March 2017

In March, the semester was coming to an end, which meant we needed to prepare for the examination and project. Therefore, I was busy in the first week of March. However, after the first week, I had a long holiday since I just had one course in the coming semester. So, I went to Rovaniemi, north of Finland, to watch aurora. The weather was bad there. It snowed heavily every day and the temperature was below five. However, it was non-sense if I y cu'kþ northern europe but didn't watch the aurora, tki j vA Once you had seen the aurora, it was worth. [gv.'k'ku not as strong as I through. I also went to Rqræpf Prague, Milan.

April 2017

In April, although I only had one course, it is an intensive but interesting course.

Therefore, I spent most of my time studying in Lund. It provided a chance to explore Lund. Since Spring was coming, the weather was nice and everywhere was green, covered by different flowers. Actually, it is nice to stay in Lund in Spring. Although I was busy, I still able to make one trip during Easter

and another short trip to Russia. The trip in Easter was crazy but amazing. I and my friend took 24 hours train to north Sweden first, then to north Norway. After that, We flown from north Norway to south Norway and took ferry to Copenhagen. If you had money and time, it was fun to do so!



May&June 2017

May & June were relaxing months since my course was coming to an end. Therefore, these two months were my travel month. First, I travelled to Iceland. The price level is high there so we took a lot of bread to eat there for lunch and dinner. However, we were able to see a lot of stunning natural scenery like waterfall and ice cave. Then, I travelled to Vienna and Budapest. I loved these two cities. Vienna is relaxing and artistic so you can see a lot of teenagers sitting in a cafe for all day long or sit beside the river for printing or playing music. The price level in Budapest is low, therefore I can enjoy good food there and hot spring. After that, I travelled around Italy and flown to Spain to meet my secondary schoolmate. Italy is a historical countries that I learned a lot about Ancient Rome there. Also, I joined the national day of Italy (2nd June).

After all, I returned to Lund and prepared for leaving out. Lund University will provide you a guideline to clean the room. Please follow the guideline and meet their standard. Otherwise, your deposit will be deducted before refund.



General Exchange Information

1) Visa Procedures

You don't need visa for studying in Sweden and travelling in most of the European countries. But since you will stay in Sweden for more than 3 months, you need to apply residential permit card. You can apply for this card online (<http://www.migrationsverket.se/English/Private-individuals.html>). All the guidelines, costs and required documents can also be found in this website. After the application, Swedish Migration Agency will send an email to you within a week. Then, you have to go to the Consulate General of Sweden located in Wan Chai to take photos and record your fingerprints. Once the card is produced, an email will be sent to you. In general, it takes at least two weeks.

2) Orientation Activities

Lund University will send you an orientation email before you go to LUND. This email



will include numerous orientation activities in the first two weeks of semester and tell you what to do in Registration Day. The orientation activities can be applied in that day and cash is required. The activities included food tasting, welcome party, IKEA tour etc. For me, IKEA tour and food tasting are recommended. You can meet a lot of

international students there! Lund University will also hold different talks (like add/drop courses) to help you get familiar with the school in the first week.

Also, you will receive another email from LUND about applying Introductory Swedish Language Class (SUSA). The class will also be held during the first two weeks and you can transfer 2 credits in HKUST once you passed the exam.

3) International Services & Activities

You can find an International Desk in Lund University. It provides different assistance to all incoming international students. It will provide different activities to incoming students during the semester too.

4) Accommodations

Lund University will provide student accommodation to international students. You can find useful information in this website: <http://www.luaccommodation.lu.se/> The university will send you an email about accommodation, including the application guidelines, once your student identity is confirmed. Please be aware that the student accommodations are not guaranteed (first-come-first-served), so Lund University has other accommodations agency (<http://www.lunduniversity.lu.se/student-life/housing/accommodation-agencies>)

All the accommodations are not owned by the University so you are responsible for the flat owner.

For me, I lived in the corridors room of Eddan, a newly constructed living area which you can have your own toilets, bathroom and a shared kitchen. You can also have your laundry in ground floor. Although it is not near the city center, it has a bus stop nearby and you can take the bus to the Economics building (probably the place you going to have lesson) within 10 mins, city center within 20 mins. Also, you can choose to ride a bike (recommended as it is comfortable to ride there!) There is a supermarket nearby called ICA too so you can buy almost everything in this supermarket. You can also enjoy a nice sunset if you live in there;)



5) Courses Registration

Courses registration can be done online in Hong Kong. Lund University will send you an email teaching you how to register. In the first weeks of semester, you can choose to add/drop to finalize your courses. The maximum courses you can study is 4. 2 in first semester (Jan - Mar) and 2 in second semester (Apr-Jun)

The courses I took:

INFC40 Information Systems Security
INFC65 Information Architecture
STAE03 Business Analytics

6) Teaching & Assessment Methods

There is no specific teaching method in Lund University. Some of the courses require in-class presentation and paper reading, while some of them are composed of lectures and laboratory. Also, the courses may not have the same schedule every week like HKUST, therefore, you always need to check the schedule next week. Nevertheless, the exam method of different courses are not the same, some of them are take-home exam.

7) Expense

Sweden has its own currencies, Swedish Kroner. It is recommended to exchange in the banks in Hong Kong as the rate is better. Also, prepare some euro for emergency use. In fact, credit card is popular in Northern Europe so don't worry if you don't have cash. But be aware there is service charge if using credit card overseas (~1.95 to 2%). The total cost of my entire exchange period is ~HKD 90,000.

HKD 20,000 for rent, HKD 7,000 for air ticket, HKD 1,000 for resident permit application, HKD 50000 for traveling and HKD 10000 for living expense.

8) Social Clubs & Networking Opportunities

There are different student organization• in Lund, including student union and nations (<http://www.lunduniversity.lu.se/student-life/student-organisations/student-unions>)

Student nations are the most famous organization in Lund which will provide different activities, including pubs, brunches and night clubs. In order to join these activities, you need to be the member of nations first. The application process can be done online (<https://www.studentlund.se/>). The costs and guidelines are provided in the website.

After you joining the nations, they will give you a student card. This is the card which you can enjoy student discount in different shops in Lund, not the card that Lund University tells you to apply in library.

9) Health & Safety

There are two clinics in Lund. Lund University will provide you an insurance which you can claim the money back. Yet, the clinic will not provide you the medicine. They will give you a list and you need to buy them yourself. And you cannot use the insurance to claim this part of money.

10) Food

You can find a wide variety of food in Lund, including sushi, rice, thai food. Yet, the cost of eating out is expensive. In a restaurant, the cost of lunch is around 100 SEK, and dinner will be around 150 - 200SEK. Therefore, it is recommended to cook for yourself. There are a lot of supermarkets in Lund so you can buy things easily. If you don't want to cook, nations will provide lunch and dinner once a week, which the cost will be relatively low, around 40 - 60SEK.



11) Transportation

Lund is a small city so walking is an option save the costs (Search in Google map before walking). There are two kinds of buses in Lund. Green buses travel within the city while yellow buses travel between region routes. Each ride cost 25SEK if you use credit card to pay. You can buy a monthly card (~600 SEK) in its office located in the train station. Most people in Lund ride a bike. You can find second hand bikes in store or you can search in FB pages to buy your bike.

12) Miscellaneous

Communication: Most people in sweden speak English, so communication will not be a problem. The labels in supermarket are in Swedish, Google translate can help you.

Climate: In winter, it is dry and cold in Sweden. Also, it snows a lot. The temperature generally is -5 to 5 degree. In Summer (Start from late May), the weather is nice. The temperature is 15 - 25 degree. Visit this website for more information:

<http://visit.sweden.cn/pre-departure/weather/>

Printing: It is not as easy as printing in HKUST. You need to create an account and deposit some money to the account first before printing. The guidelines can be found: <http://www.lunduniversity.lu.se/current-students/it-services-support/pay-to-print-and-copy>

Items to Bring

- Passport & ID Card
- Residential Permit
- Student ID
- Acceptance Letter
- Clothing (little summer clothing for traveling in south europe)
- Laptop
- Mobile Phone
- Credit Card (w/ Plus, most useful things in LUND, every shops have card machine)
- ATM Card (w/ Plus is better, no unionpay ATM in LUND but other places in europe)
- Cash (Euro and SEK, *if no plus sign ATM card, more SEK will be better*)
- Calculator
- Medicines
- Adaptors (2-pin plug)
- Chargers
- Router
- Hair dryer
- body lotion
- Large backpack (For travelling, but don't exceed the size of cabin baggage)
- Snacks (For homesick haha)
- Personal things (etc. sunglass, USB)

P.S. If your luggage exceed the requirement of your airline, there is a lot of second hand selling pages in FB, you can buy anything there;) will be cheaper than paying the penalty!

If more information is needed, get my contact from SBM Exchange Team by emailing at bmugexch@ust.hk.