

# Exchange Report

## LUND University, Sweden



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Spring 2017

## **Part 1 Monthly Activity Log**

### **January, 2017**

When I arrived Lund, there were different student helpers telling you how you can buy train tickets to Lund from CPH airport. In the first day, you will be given your room key, a phone card and lots of useful materials.

In the first 2 week, I have attended a Swedish course, which taught us some basic Swedish. It was funny to me as it was a completely new language and the lectures were conducted in an engaging way. Also, there were different orientation activities organized by the university or StudentLund (StudentLund is similar to student society in HKUST). You may join “Taste of Sweden” if you would like to try different local food.



In January, it was cold and snowing, thus being tough to bike to school. We brought the Lund – Malmö Jojo card (Jojo card is similar to Octopus in HK) as we went to IKEA in Malmö to buy our necessities as well.



After all the Swedish course and orientation activities, the semester started in the late January.

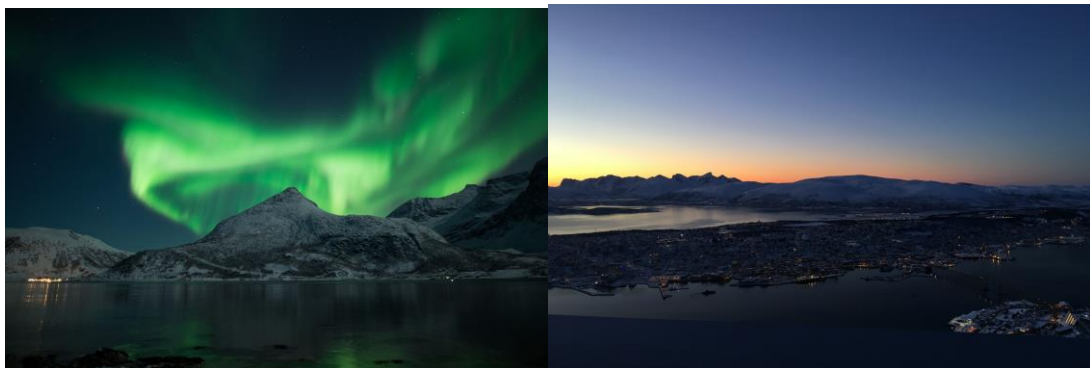
## **February, 2017**

The weather in Feb was also cold but you may already get used to it. It is better to bike than in January. For the courses, you must attend the first lecture, otherwise you will be withdrawn from that course. I went to Budapest and Stockholm in late February.



## **March, 2017**

The weather was much better and warmer. However, the exams were coming. Types of exam are quite different to UST. One of it was using your own laptop to answer the questions in the exam hall and the other one was a take-home exam. After finishing all the work in the first semester, there was more than a week before the commencement of the second semester. I went to Tromsø, which is one of the best places, to see aurora. I highly recommend this place if you want to see northern lights. After that, I also went to other countries like Belgium and Netherlands.



## **April, 2017**

In April, there was no an official Easter break, however, some of the professors will have no lesson on that week. Luckily, I have an Easter break for me to take a rest and vacation in the middle of the semester. I went to Italy and Germany during the break. In April, if you are interested in trying some local food and international food, you could go to Mårtenstorget (near the city center) and explore it as there will be different booths selling a variety of food.



## May, 2017

Second semester almost came to the end and all classes ended in mid-May. The exams were normally schedule in late May (So, please beware of the date of your return flight). As it was May already, I grasped this opportunity to go to my dream country – Iceland. Iceland is one of my favorite countries. I am deeply impressed by the sceneries and natural beauty, so I do recommend you to plan your visit there! After travelling, I started to prepare my final exam.



## June, 2017

After completing all the exams, I went to Finland and counties near Baltic Sea before going back to Hong Kong. At the last day I stayed in Lund, I went to the places that I have been to on the first day of arrival. Time flies and it marked the end of my exchange life. Time to say Hejdå (Goodbye in Swedish) to this little city – Lund ☺



## **Part 2 General Exchange Information**

### **a. Visa Procedure**

As you will stay in Sweden more than 3 months, you have to apply a resident permit. Kindly remind you to apply it if you have received your admission letter. It may take some time to process your application or you may have to resubmit more/ another documents if the original one was not approved by the migration office. You may visit this website for more information about the application:

<https://www.migrationsverket.se/English/Private-individuals.html>

### **b. Orientation Activities**

During the first 2 weeks after your arrival, there will be a variety of orientation activities organized by Lund University or StudentLund. Orientation activities will be One day tour to IKEA, Taste of Sweden and hiking...etc. If you are interested in anyone of it, you can buy the tickets on the arrival day after the registration. Note: Some of the tickets are limited.

### **c. Accommodation**

Lund Accommodation will provide several choices for student housing. However, the demand is quite high. You are advised to submit your application as soon as possible (Note: First-come-first-served). I lived in Eddan, which is very new as it was built in the summer of 2016. It took me 10-15 minutes to economic building by bike. The rent is about HKD4000 per month. If you cannot get an offer from LU Accommodation, you can also find accommodation via AF Bostäder.

### **d. Course Registration**

In October, you will receive an email telling you the details of the course registration and the link of it. There will be 2 semesters during your exchange study. You can study 2 courses (E.g: A and B) per semester. You are required to choose 3 courses for each choice (i.e. 3 courses with ranking for A and 3 courses for B).

I have taken the following courses:

INFC65 Informatics: Information Architecture and Content Management Systems  
INFC40 Information System Security  
STAE03 Statistics: Business Analytics  
SUSA11 Swedish: Introductory Course for Exchange Students 1

e. **Teaching and Assessment Method**

It depends on the courses. You are required to complete a project, report, final presentation and 1 presentation for each lecture for INFC65. For INFC40, there are lectures, visiting lectures (site visit to the security center), guest lectures and presentations. For STAE03, there are mainly lectures and labs.

f. **Finance and Banking**

As the exchange rate keeps changing, you can assume 1SEK = 0.9HKD during my stay in Sweden. The estimated expenses would be as follows for you references:

Items	Estimated Expenses
Return Flight	5000 (HKD)
Accommodation	24500 (SEK)
Living Expenses	7500 (SEK)
Travelling	38000 (HKD)
Others (Resident permit, insurance, clothing...etc)	15000 (HKD)

g. **Social Clubs and Networking Opportunities**

There are different “nations”, which are similar to the student societies in HKUST. You can choose one during the orientation week. They will organize various activities during the semester. You have to join the Studentlund before joining any nation.

h. **Health and Safety**

Lund University will provide you a variety of clinics information and you can also refer to the arrival guide. Lund is a small city and it is safe. Generally, it is quite safe in Sweden.

i. **Food**

Normally, I will cook by myself. It costs much less than dinning out. On Friday's evening, there will be different discounts. However, it will be "clear" in just a while. So act fast!

j. **Transportation**

You can use your bike to go anywhere in Lund basically. It is not only much convenient, cheaper and time-saving. For a bus-ride, it is around 25SEK. It takes you 140SEK to go to Copenhagen airport.

However, if you arrive Lund in January, it is snowing and may be difficult for you to bike. You may buy a monthly pass for January as you can also recognize the routes and avoid any accidents.

k. **Climate**

In January and February, it is quite cold in Lund, especially when you are not yet adapted to such a low temperature. It could be a range of -10 to 3 degree Celsius. It will snow as well. You are advised to bring enough warm clothes and put up a goretex waterproof jacket. You will adapt to the weather in Lund in late January or February. The weather will get much warmer in March. The temperature will increase to around 2 to 5 degree Celsius. In April and May, it is a bit hot as it get to around 10 degree Celsius. You can bring some short sleeves as well.

l. **Communication**

People in Lund speak Swedish. However, they can speak English well. You can communicate with them in English.

### **Part 3 Items to bring**

Checklist	
	Warm Clothing
	Goretex jacket
	Goretex Shoes
	Adaptors
	Notebook
	USB (optional)
	Passport, ID and travel document
	Resident permit
	Student ID/ International student card
	Acceptance Letter
	Credit Card (VISA/MasterCard)
	Debit Card (VISA with a PLUS logo)
	Cash (DKK/SEK/EUR)
	Medicines
	Router (optional)
	Hair dryer (optional)
	Rice cooker (optional)
	Pillow, bedsheets/ blankets (optional)
	Some HK food/ drinks (optional)



## **Part 4      Useful Links and Contacts**

Lund University School of Economic and Management (LUSEM) Exchange Program Website

<https://www.lusem.lu.se/study/exchange>

Course Application

<https://exchange.lusem.lu.se>

Housing Application

<http://www.lunduniversity.lu.se/student-life/housing>

Resident Permit Application

<http://www.migrationsverket.se/English/Private-individuals/Studying-in-Sweden/Universities-and-university-college/How-to-apply.html>

The School Website

<http://www.lusem.lu.se/exchange>

The Lund University Website

<http://www.lunduniversity.lu.se/student-life/preparing-to-come>

LUSEM International Desk Contact

Email: [incoming@ehl.lu.se](mailto:incoming@ehl.lu.se)



May I wish you a fruitful and enjoyable exchange life in Lund University☺

If you have any questions or more information is needed, get my contact from SBM Exchange Team by emailing at [bmugexch@ust.hk](mailto:bmugexch@ust.hk).